# **Foundation: Table**

## **Gathering and Preparing**

We gather in the name of God Father, Son and Holy Spirit

The Lord be with you And also with you

Lord God, our maker and our redeemer, this is your world and we are your people: come among us and save us.

## Pause for silent reflection

We have wilfully misused your gifts of creation; Lord, be merciful:

### forgive us our sin.

We have seen the ill-treatment of others and have not gone to their aid; Lord, be merciful:

## forgive us our sin.

We have condoned evil and dishonesty and failed to strive for justice; Lord, be merciful:

## forgive us our sin.

We have heard the good news of Christ, but have failed to share it with others; Lord, be merciful:

# forgive us our sin.

We have not loved you with all our heart, nor our neighbours as ourselves; Lord, be merciful:

forgive us our sin.

#### **Absolution**

May the God of love and mercy bring us back to himself, forgive us our sins, and embrace us in his eternal love in Jesus Christ our Lord.

Amen.

### **Opening Prayer**

Risen Christ, for whom no door is locked, no entrance barred: open the doors of our hearts, that we may seek the good of others and walk the joyful road of sacrifice and peace, to the praise of God the Father.

Amen.

Reading: Mark 16.1-8

**Chant or Song** 

Reflection

**Prayers** 

**Chant or Song** 

### **Thanksgiving**

This is the moment for giving thanks; This is the moment for remembrance. Let us remember why we are here:

We are here because
we have been drawn together by the Spirit
to be united and led into the ways of truth and peace,
and to be fed at the table of life and hope.

We then are the Church,

We are the body of Christ.

Bread and Wine are brought to the table

The Lord be with you And also with you

Let us remember all those who are united with us and let us give thanks for the bond of unity which we now celebrate.

Let us remember our past, and give thanks for what we have become.

Let us give thanks for all that is, for our creation and the life that is in us.

Let us give thanks for the promise of the fulfilment of all things which your Spirit is working out in us.

And now, in thanksgiving and remembrance, let us invoke the Spirit to bless this bread and wine, so that when we share it among ourselves we are sharing what we are and shall be - the body of Christ

For we remember how Jesus, before he died, to bring us life by sharing our life and death, ate this meal with his friends, and in thanksgiving blessed the bread and shared it with them saying, 'Eat this all of you, this is my body, given for you.'

At the end of supper he blessed the cup of wine, and shared it with them, saying, 'Drink this all of you, this is my blood, When you do this remember me.'

For by sharing this bread and wine we remember him and what he was.

We remember ourselves and who we are.

We remember the glory of the whole universe and what we shall all become.

Filled with joy and thankfulness we give praise to God the Father, and to his Son, Jesus Christ, and to the Spirit of love and holiness who has come to dwell within us and among us for ever and ever. **Amen.** 

### **Bread of Tomorrow: The Lord's Prayer**

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us. Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

## Breaking and sharing bread and wine

We break this bread to share in the body of Christ. Though we are many we are one body because we share in one bread

Here is the table of the Lord, we are gathered to his supper, a foretaste of the kingdom.

Come, when you are fearful, to be made new in love. Come, when you are doubtful, to be made strong in faith. Come, when you are regretful, and be made whole. Come, there is room for all.

#### At the end of the meal

May your Spirit guide and strengthen us in service to your world; may we be strangers no longer but pilgrims on the way to your kingdom

The Peace of the Lord be always with you and also with you.

May the blessing of the Holy Trinity be upon us and all our worship and work be done in God's name.